## St. Francis School

Koramangala, Bengaluru - 560034
(Affiliated to CISCE, New Delhi)



# SUMMER CAMP 2025

Dear Parents and Students,

We are excited to announce the **Summer Camp 2025**, scheduled from 1<sup>st</sup> April to 29<sup>th</sup> April, 2025 (Monday to Saturday). The last date for registration for the camp events is Saturday, 22<sup>nd</sup> March 2025.

## Camp Highlights:

- Open to all St. Francis students and students from other schools.
- Please refer to the schedule of sessions and also the Transport details provided at the last pages of this brochure.
- Inaugural ceremony on 1<sup>st</sup> April 2025, at 8:30 am in the school ground.

  Capt. GRL Prasad, Former Indian Men's Team Basketball coach and Head coach of Lakshyan Academy of Sports, will be the Chief Guest.
- Introductory classes for enrolled sports and activities will follow the inaugural ceremony.
- Coaching and culmination for **Basketball**, **Athletics**, **Badminton**, **and Table Tennis** will be held at **Lakshyan Sports Academy** on **26th**, **28th**, **and 29th**, **April 2025**, with school team selection for each game based on eligibility.
- Students selected for the school team will participate in recognised State, National, and International level competitions. Selected St. Francis School students will receive concessions on their school fees for the year 2025-26.

## Important Details:

- Students must stay hydrated and bring snacks, water bottles, and sanitizers.
- Payment for the camp should be made at the School Office (Sports Academy Counter) in <u>cash</u> only.
- Transport fees (if required): Rs. 1000/- (Note: No bus facilities for activities starting before 8:00 am)
- Bus services will be available only for the morning sessions for specified routes and for St. Francis students; students already using the bus services are exempted from payment towards transport.

For more information: Mail ID: sfssports@stfrancisschoolicse.com
School Office Number 080 - 25500123, Mobile: 9731013320

We look forward to a fun-filled and exciting Summer Camp 2025!

Best Regards,

St. Francis Sports Academy



# **Cricket**

(1st April 2025 to 11th May 2025) (Monday to Saturday) (30 Sessions)

"Join SFCA to learn Art of Cricket"



Guest Coach: Mr. Sasikhanth IPL Player



> Age: 5 to 19yrs

> Fees:

1 Session - Rs.6,000/-

2 Sessions - Rs.8,000/-





Head Coach: Mr. Vineel Kumar Level 2 Coach

GirlsAge: 5 to 19yrs

> Fees:

1 Session - Rs.4,000/-

2 Sessions - Rs.5,000/-

➤ Time: 1<sup>st</sup> Session - 6:30am to 8:30am & 2<sup>nd</sup> Session - 4:15pm to 6:15pm

Note: Charges applicable for one on one sessions, practice matches, special sessions and tournament.





(1<sup>st</sup> April 2025 to 29<sup>th</sup> April 2025)
"Developing young athletes through structured training, Competition And Team-oriented challenges to enhance physical Skills for sports".

> GYMNASTICS (RHYTHMIC) (21 Sessions)

Time: 9:15am - 10:15am

Fees: Rs.12,000/-Monday to Saturday





SWIMMING (21 Sessions)
 Time: 9:15am - 10:00am
 10:45am - 11:30am
 Fees: Rs.13,000/ Monday to Saturday

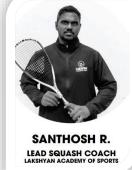
> SHOOTING (16 Sessions)
Time: 9:15am - 10:15am

Fees: Rs.12,000/-

Monday, Wednesday, Thursday, Friday & Saturday



> SQUASH (21 Sessions)
Time: 10:30am - 11:30am
Fees: Rs.12,000/Monday to Saturday



## Venue for the above activities: Lakshyan Sports Academy

- Enrolled students will be taken from school to the venue in the school bus. The students should reach the school by 8:00am and they will be dropped back to school by 12:30 pm. The parents are requested to pick your children.
- Students should carry water bottle and snacks.
- For Duel Sports there will be 10% activity fee concession.





(1st April 2025 to 29th April 2025) (Monday to Saturday) (21 sessions)

"To begin, begin...."

Coaching classes are designed for beginners, experts & amateurs. They focus both on recreational training as well as competitive training.



Mrs. Esther Bernard, National Gold Medallist

> Boys & Girls

> Age: 5 to 16yrs

> Fees:

St. Francis - Rs.3,500/-Others - Rs.4,000/

> Time:

Morning Session - 7:45 am to 9:00 am &

Evening Session - 3:45 pm to 5:00 pm

Note: Please carry your own Equipments





(1st April 2025 to 29th April 2025) (Monday to Saturday) (21 Sessions) "Never let the fear of striking out get in your way"



> Training is designed on the Shotokan and teaching will be of basics, forms and self-defence.

> Boys & Girls

> Age: 5 to 16yrs

> Fees:

St. Francis - Rs.3,500/-Others - Rs.4,000/



Head coach: Mr. Vinay Menon, National Gold Medallist

Time:

Morning Session - 8:30am to 9:45am & Evening Session - 3:30pm to 4:45pm



# **Football**

(1st April 2025 to 29th April 2025) (Monday to Saturday) (21 Sessions)

"Set your goals high, and don't stop till you get there"



Coach: Rajeev Jose
Elite Division League Player
& Certified Coach



Coach: Ms. Nesa Kumari National Level Player

- > Our Coaches will conduct an intermediate and advanced football training, refine and sharpen their skills, strengthen their skills an also improve their footballing IQ...
  - Boys & Girls
  - > Age: 5 to 16yrs
  - > Fees:

St. Francis - Rs.3,500/-Others - Rs.4,000/

Frime:

Morning Session - 8:30am to 9:45am

&
Evening Session - 3:15pm to 4:30pm

Note: Please carry your Football.



# Basketball

(1st April 2025 to 29th April 2025) (Monday to Saturday) (21 Sessions)

"When the legs go, the heart soon follows"

> Coach will nurture the need of competition as part of our holistic vision, which is why we have designed everything to go according to the plan of building Sportsmanship.



Head Coach Mrs. Sowmya M National Level Player



Coach Mr. Nithin K V National Level Player

- > Boys & Girls
- > Age: 7 to 16yrs
- > Fees:

St. Francis - Rs.3,500/-Others - Rs.4,000/

> Time:
Morning Session - 7:00am to 8:15am
&
Evening Session - 4:00pm to 5:15pm

Note: Please carry your Basketball.



# **Badminton**

(1st April 2025 to 29th April 2025) (Monday to Saturday) (21 Sessions) "Smash the competition, not your racket"



Head Coach: Sabarinathan National Level Player

- Well-versed in coaching methodologies to take your budding badminton star from grassroots to greatness.
- > Boys & Girls
- > Age: 6 to 16yrs
- > Fees:

St. Francis - Rs.3,500/-Others - Rs.4,000/-Special Coaching - Rs.6,000/-

> Time:

Morning Session - 9:00am to 10:15am Special Coaching - 10:30am to 11:30am & Evening Session - 3:30pm to 4:45pm

#### ote:

- Special Coaching for Advance Players and Intermediate players and Maximum Player for an hour will be 3 students.
  - Please carry your Racket, Skipping, Non-Marking Badminton Shoes



Yoga Mat.

# **Athletic**

(1st April 2025 to 29th April 2025) (Monday to Saturday) (21 Sessions)

"The road to success runs uphill"



Head Coach: Anand M
State Level Javelin Throw and Discus Throw
Athletic Specialisation in M.PED

- > Coaching involves developing training programs and strategies to improve performance.
- > Boys & Girls
- > Age: 5 to 16yrs
- > Fees:

St. Francis - Rs.3,000/-Others - Rs.3,500/-

> > Time: Morning Session - 7:00am to 8:15am



# **Throwball**

(1st April 2025 to 29th April 2025) (Monday to Saturday) (21 Sessions)

"The best motivation always comes from within"



Coach Mrs. Pushpa, Specialisation in M.PED

- Fitness and conditioning programs to enhance Students' strength, ability, endurance and overall physical fitness.
- > Boys & Girls
- > Age: 5 to 16yrs
- > Fees:

St. Francis - Rs.3,000/-Others - Rs.3,500/-

> Time:
Morning Session - 7:30am to 8:45am

# Handball

(1st April 2025 to 29th April 2025) (Monday to Saturday) (21 Sessions) "Concentration is a fine antidote to anxiety"



Head Coach Mr. Kolandai Raj SCHOOL GAMES FEDERATION OF INDIA - COACH

Coach will direct students with strategy and also train in Dribbling, Shooting, Passing, Defence and Position.

- > Boys & Girls
- > Age: 5 to 16yrs
- > Fees: St. Francis - Rs.3,000/-Others - Rs.3,500/-

> Time:
Morning Session - 7:00am to 8:15am

# Table Tennis

(1st April 2025 to 29th April 2025) (Monday to Saturday) (21 Sessions)

"Practice puts your brains in your muscles"



Coach: Mr. Alphonse, University Level Player

- > Coach will refine students' skills, strategy and mental fortitude.
- > Boys & Girls
- > Age: 5 to 16yrs
- > Fees:

St. Francis - Rs.3,500/-Others - Rs.4,000/-

> Time:
Morning Session - 7:00am to 8:15am



# **Dance**

## (Bollywood, Free Style and Western)

(1<sup>st</sup> April 2025 to 29<sup>th</sup> April 2025) (Monday to Saturday) (21 Sessions)

"Dance has the power to heal, unite, and uplift"



- > Boys & Girls
- > Age: 5 to 16yrs
- Fees: St. Francis - Rs.3,500/-Others - Rs.4,000/-



Mr. Kiran Alwyn, Founder of Danceholic Dance Academy

> Time: Morning Session - 8:30am to 9:45am



# Classical Dance

(1<sup>st</sup> April 2025 to 29<sup>th</sup> April 2025) (Monday to Saturday) (21 Sessions)

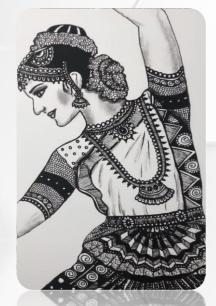
"Dance is the hidden language of the soul"



Ms. Pavithra
Classical Dancer

- > Boys & Girls
- > Age: 5 to 16yrs
- Fees: St. Francis - Rs.3,500

St. Francis - Rs.3,500/-Others - Rs.4,000/-



> Time:
Morning Session - 8:30am to 9:45am



(1st April 2025 to 29th April 2025) (Monday to Saturday) (21 Sessions)

- Group 1 Time: Journaling and Scrapbooking, Oratory and self-confidence skills & Fun with maths
- Group 2 Time:
   Journaling and Scrapbooking, Mandala Art & Handwriting Improvement
- Strategy games & puzzles, storytelling & role plays & cooking without fire
- Boys & GirlsAge: 5 to 16yrs
- > Fees: St. Francis - Rs.4,000/-Others - Rs.4,500/-

> Time:
Morning Session - 9:00am to 10:30am

Note: All stationery and study materials will be given and basics of all activities according to student's age group will be taught.



## Speech & Drama

(1st April 2025 to 29th April 2025) (Monday to Saturday) (21 Sessions)

"The play is not in the words, it's in you"



Mr. Srinivas, Theatre Actor & Director

- > Boys & Girls
- > Age: 6 to 15yrs
- > Fees: St. Francis - Rs.3,500/-Others - Rs.4,000/-

> Time:
Age 6 - 9: 8:30am to 9:30am
&
Age 10 - 15: 9:30am to 10:30am

# MOTION GRAPHICS MASTERY

Designing & animation with Adobe After Effects and Photoshop

Join our comprehensive workshop designed specifically for students, where you'll dive into the world of visual design and animation using Adobe After Effects and InDesign.

#### **Course Overview**

In this hands-on workshop, you'll learn the fundamentals of designing and animating contents using:

- Adobe Photoshop: Master the industry-leading page design and layout software, learning how to create stunning visual content for print and digital media.
- Adobe After Effects: Discover the power of motion graphics and visual effects, learning how to animate and design captivating content for film, TV, and digital media.

#### **Key Takeaways**

- Gain hands-on experience with Adobe photoshop and After Effects
- Understand how to create stunning layouts, brochures, and magazines using Photoshop
- Master the art of motion graphics, animation, and visual effects using After Effects
- Enhance your creativity and productivity in designing and animating contents

Boys & Girls
Age: 9 to 16yrs
Fees:
St. Francis - 3,500/Others - 4,000/-

Time : 8:30 a.m. - 9:30 a.m.





# MULTIMEDIA MAESTRO

## Mastering Video and Audio Editing

Join our comprehensive Video and Audio Editing Master Class, designed to equip students with the skills and knowledge needed to excel in the world of multimedia editing.

### **Course Overview**

In this hands-on master class, students will delve into the world of video and audio editing, exploring industry-leading software and tools.

- Video Editing Fundamentals: Understanding the principles of video editing, including timeline management, cutting, and transitions.
- Resolume: Mastering the powerful video mapping software,
   Resolume, used in live performances and video production.
- YT-DLP and FFmpeg: Leveraging these command-line tools for downloading, converting, and editing media files.
- Bulk Conversion and Automated Editing: Learning techniques for efficient bulk conversion and automated editing of media files.

### **Key Takeaways**

 Gain hands-on experience with industry-leading video and audio editing software

 Understand the fundamentals of video editing and post-production Time : 9:30 a.m. - 10:30 a.m.

 Learn advanced techniques for bulk conversion and automated editing

Develop skills in Resolume, YT-DLP, and FFmpeg

 Enhance creativity and productivity in video and audio editing projects

Boys & Girls
Age: 9 to 16yrs
Fees:
St. Francis - 3,500/Others - 4,000/-



# WEB DESIGN AND DEVELOPMENT

Join our comprehensive Web Designing Course, where you'll learn the fundamentals of building stunning and functional websites from scratch.

#### **Course Overview**

In this hands-on course, you'll dive into the world of web design, learning the essential skills and tools needed to succeed:

- HTML: Master the standard markup language for creating web pages, learning how to structure and format content for the web.
- Bootstrap: Discover the popular front-end framework for building responsive and mobile-first websites, using Bootstrap Studio to streamline your workflow.
- PHP: Learn the server-side scripting language for creating dynamic and interactive web applications, understanding how to work with databases, forms, and user authentication.

## **Key Takeaways**

- Gain hands-on experience with HTML, Bootstrap, and PHP
- Learn how to design and build responsive, mobile-friendly websites
- Understand how to create dynamic web applications using PHP
- Master the use of Bootstrap Studio for efficient web development
- Enhance your skills in web design, development, and programming

Boys & Girls
Age: 11 to 16yrs
Fees:
St. Francis - 3,500/Others - 4,000/-

Time : 10:30 a.m. - 11:30 a.m.





# Western, Hindustani Classical & Carnatic Vocals

(1st April 2025 to 29th April 2025) (Monday to Saturday)
(21 Sessions)

"Nature is the one song of praise that never stops singing"



Ms. Ipsita Chakraborty Hindustani Vocal



Ms. Sona Shaji Carnatic Vocal



Ms. Jannet Gomez Western Vocal

- Boys & Girls
- > Age: 5 to 16yrs
- > Fees:

St. Francis - Rs.3,500/-Others - Rs.4,000/-

> Time:

Western vocal - 8:30am to 9:30am Hindustani Vocal - 9:30am to 10:30am

- - -

Carnatic - 9:30am to 10:30am

Note: Western Vocal will culminate on 28th April 2025 (20 Sessions)



# Instrumental Keyboard & Guitar

(1st April 2025 to 29th April 2025) (Monday to Saturday)
(21 Sessions)

"The brain is a harmonic instrument,
It vibrates to the same wavelength"



Mr. Vytik Vinod Musician

Boys & GirlsAge: 5 to 16yrs

Fees: St. Francis - Rs.3,500/-Others - Rs.4,000/-



> Time:
Keyboard - 8:30am to 9:30am
&
Guitar - 9:30am to 10:30am

Note: Please carry your Instrument.



	St. Francis Sports Academy									7	
	Schedule	e for	Sun	nme	r C	amp	20	25			A <sup>C</sup>
SL NO	DATES FROM MONDAY TO SATURE (30 Sessions) for Cricket						RDAY				
1	APRIL	1	2	3	4	5	Á				
2	APRIL	7	8	9	10	11	12				
3	APRIL	15	16								)
4	APRIL	21	22	23	24	25	26				/
5	APRIL	28	29								///
6	MAY	2	3								-
7	MAY	5	6	7	8	9	10	11			

SL NO	Month	DATES FROM MONDAY TO SATURDAY (16 Sessions) for Shooting							
1	APRIL	2	3	4	5				
2	APRIL	7	9	10	11	12			
3	APRIL	16							
4	APRIL	21	23	24	25	26			
5	APRIL	28							

SL NO	Month	From Monday to Saturday (21 Sessions) for all Sports and other activities							
1	APRIL	1	2	3	4	5			
2	APRIL	7	8	9	10	11	12		
3	APRIL	15	16						
4	APRIL	21	22	23	24	25	26		
5	APRIL	28	29						

The above scheduled dates are for Summer Camp 2025

Note: In case of cancellation of any classes by the Instructor or by the school it will be compensated within the sessions mentioned above.

## **BUS ROUTES FOR SUMMER CAMP - 2025**

BUS ROUTES FOR SUMMER CAMP - 2025									
ROUTES & ROUTE NUMBER	DRIVER NAME	CONTACT NUMBER	CONDUCTOR NAME	CONTACT NUMBER					
Koramangala / Ejipura / Viveknagar (1A, 1B & 15)	John / Vinod / Nagaraj	9886830785 / 9008802388 / 9676354112	Rebeka / Vanaja / Saraswathi	7259954573 / 7619538464 / 9480453764					
Maruthi Nagar / Tavarekere (2A & 2B)	Saji / Francis	9481481403 / 8050551101	Kamala / Leela	8892547610 / 7619566732					
Mangammanapaly a / ITI Layout Park / HSR Club Road / HSR 7 <sup>th</sup> Sector Main Road (3A & 3B)	Manjunath G K / Sudhir	9900181041 / 7483669875	Mary / Jayanthi	9606395793 / 7348818197					
Kodichikkanahalli (Mahaveer Zephyr) (4A & 4C)	Mahadev / Gopinath	9738440776 / 8660432959	Selvi / Padmavathi	9206174878 / 9972308216					
Kodichikkanahalli (DLF, Devarachikkanaha IIi, RTO) (4B & 4D)	Manohar / Amalanathan	8296823815 / 9976323016	Lakshmi / Jayalakshmi	9886617013 / 6362686425					
Begur / Vishwapriya Layout / Hongasandra (5 & 8)	Narendra / Gundappa	9845889018 / 9148838708	Anuradha / Shobha	8884941161 / 8904804846					
Bellandur / Yemlur (6A & 6B)	Chandrashekhar / Kushala	9686810234 / 9980077276	Jyothi Margaret / Annapoorani	7406636498 / 9686784329					
Domlur / HAL Main Road / Basavanagar (6C)	Maruthi	9743671554	Prema	8197464481					
Sarjapur Road (7)	Ashwin Kumar	7411806458	Demos	9606138932					
Adugodi / Wilson Garden / Dairy Circle (9)	Mohan Raj	7975851219	Deepa	9113012524					

		//		
Teacher's Colony (10)	Ravi	9060608437	Manjula	8197774182
Hosapalya / HSR	Magimai Das /	9035817009 /	Mangala /	6360484236 /
Layout - Sector 1 & 2	Vadivelu /	9379446366 /	Narmatha /	8618455311 /
(11, 20A & 20B)	Seenappa	8310296040	Velanganni	7406324083
Koramangala /	Sundaresh /	9980836636 /	Thara / Vani	9036852412 /
NGV (12A & 12B)	Magesh S	9886549068		9632303394
Kudlu Gate / AECS Layout / Garvebhavipalya (13, 16B & 18A)	Narashimha Murthy / Harish / Mukesh	7406767636 / 8660411217 / 7356367779	Kokila / George / Pavithra	9743778875 / 8675003107 / 9663881021
Roopena	Vengadesan /	7829690226 /	Chandrakala /	7795159185 /
Agrahara (14A,	Sagayajeris /	9980705730 /	Theresa /	9443146515 /
14B & 14C)	Ranjith	9676354112	Darathi	8861750828
Singasandra / Hosa Road/ Parappana Agrahara (16A & 18B)	Anthony / Mahesha	8884378807 / 9886167673	Velankanni / Jyothi G	8892315702 / 9036611262
BTM Layout (17A & 17B)	Rajashekhar /	9901049485 /	Rajeshwari /	9845788541 /
	Nagendra	9686040504	Leema Rose	9513494096
S T Bed / Ejipura / Ramalaya Street (19 & 23)	Sunil/Prakash Raj	6361379656 /9345751224	Stella / Veronica	9886340152 / 7676545611
Harlur Road (21A,	Ashoka /	9901383981 /	John Jeno /	7026055008 /
21B)	Manjunath S H	9902693237	Padma B	9036624987
Electronicity (22A	Anjan Kumar /	9663351660 /	Peter /	9739426675 /
& 22B)	Shekar	8105675723	Johnson	8310027801